



# Senior MSK Physiotherapist & Regional Development Lead Role profile

## **Duties and responsibilities**

- To work as an autonomous practitioner in providing and delivering neuromusculoskeletal physiotherapy assessments and treatment plans to your own designated clinical caseload of patients presenting with various complex and specialist conditions, with support from peers and the National Lead Clinician where appropriate.
- To effectively manage patients with complex conditions including (but not limited to) preinjection, post-injection, pre-surgical and post-surgical patient referrals.
- To use a wide range of advanced physiotherapy skills and some considered beyond traditional scope of practice including injection therapy (where appropriate), manual physiotherapy techniques, self-management advice, telephone triage and therapeutic handling.
- To demonstrate excellence in report writing and evidence an ability to complete reports autonomously without the need for further support.
- To maintain up to date physiotherapy records on the Ascenti IT system in line with professional standards. These must be completed in a timely manner whilst abiding by Ascenti internal procedures and Service Level Agreements.
- To act as a role model for Band A-C Physiotherapists and Clinical Mentors; leading by example and demonstrating best practice standards and behaviours.
- To proactively support Band C physiotherapists in the assessment, treatment and management of patients, taking a lead where required on complex patients, and empowering others to take responsibility and develop professionally.
- To independently assess, analyse and provide clinical support / development for Band C Physiotherapists and Mentors to act with support to plan, implement, and evaluate clinical development programmes in line with the Physiotherapist's and Ascenti's needs.
- To ensure all sub-regional clinical development cycles are running efficiently within your designated geographical region(s).

- To support the National Lead Clinician and Clinical Development Team with the implementation of the Clinical Development strategy at a regional level and contribute to ideas/change at a National level
- To proactively attend and take part in the in-band and up-band promotion of Band B/C Physiotherapists, including the interview process for Band C Physiotherapists; completing Physiotherapist appraisals alongside your Network Manager.
- Abide by HCPC and CSP Codes of Professional Conduct, and work in line with all areas of CSP Core Standards of Practice, as well as our policies and procedural framework.
- Treat your own clinical caseload of patients presenting a variety of conditions and goals, including NHS, medico-legal, occupational health and private patients.
- Use high quality neuromusculoskeletal assessment skills in order to develop a patient-focused management plan.
- Maintain up to date patient records on our systems in a timely manner, whilst abiding by our internal procedures and Service Level Agreements.
- Attend regular and relevant courses both internally and externally, as well as keeping an up to date file of your CPD achievements in line with CSP and HCPC guidelines.
- With the support of your Network Manager, identify and manage any risks that may affect the quality of care, and to advise on any issues regarding service delivery.
- Communicate effectively with all stakeholders (including patients, clinical colleagues, administrative colleagues, receptionists and external allied healthcare professionals) in line with our procedures, to ensure effective patient management. This may involve working in collaboration with and/or referring to NHS colleagues in hospital and community settings when required.
- Work as part of an MSK Regional Team.
- Utilise our internal platforms such as the staff newsletter and intranet to keep up to date with relevant business, regional and team news.
- Follow all internal safeguarding and governance policies and procedures to protect patients, peers and visitors to the clinic.
- Any other duties as may be required from time to time.

### **Person specification**

## **Education and qualifications**

- Hold a BSc (Hons) degree in Physiotherapy of 2:2 or above. Post-graduate qualification in teaching, leadership or advanced MSK practice is desirable (or on course to achieve this).
- Minimum 4.5 years post-graduate musculoskeletal physiotherapy practice experience; preferably in both public and private settings
- An up to date CPD folder which demonstrates your commitment to professional development.
- Full HCPC membership (not temporary) and to be maintained throughout the duration of your contract with Ascenti.
- Full CSP membership (not student or associate) and to be maintained throughout the duration of contract with Ascenti.
- A satisfactory enhanced DBS check.

#### **Skills and competencies**

- Demonstrates an understanding of patient/client rights and consent; putting the person at the centre of practice.
- Demonstrates a commitment to learning, being able to evaluate your own practice, takes responsibility for learning and seeking opportunities to develop self and support those around you.
- Able to work collaboratively, flexibly and supportively to meet the needs and strategic direction of Ascenti, as part of a team or as an individual when required.
- Demonstrates ethical, legal and culturally sensitive practice ensuring high quality care at all times.
- High levels of IT literacy to allow effective use of electronic notes database, virtual meetings, webinars, preparation of digital presentations, use of exercise prescriptions software and other related digital software applications.
- Proven ability to communicate effectively and sensitively with a wide range of people and to build rapport quickly.

- Conducts an appropriate client/patient interview or subjective assessment (considers impact of history of presenting complaint, impact of presenting condition on the patient, drug history, medical/surgical history, neurological history, social, work and family history using a Biopsychosocial approach).
- Performs appropriate physical assessment procedures in order to assess the locomotor system (articulations/joints, contractile structures, non-contractile structures, peripheral nervous system for both integrity and sensitivity and central nervous system).
- Identifies and able to prioritise patient/client problems, leading to realistic long and short term goals agreed with the patient and subsequent selection and performance of appropriate interventions in collaboration with the patient.
- Applies evidence-based/evidence-informed practice in patient care; linking this evaluation of practice to inform service improvement
- Identifies adverse events/near misses and minimises risk associated with assessment and intervention.
- Is a proficient user of the English language including understanding through listening and reading, good spoken English in terms of interactions and production, and written English is clear, well-structured and able to convey complexity.